

Selected Reference List for Keys to Caregiving

Below is a subset of references of peer reviewed articles using NCAST Programs 'Keys to Caregiving.' Keys is a training program to enhance providers' knowledge and understanding of infant states, cues and behavior. The program includes six instructional videos (addressing infant state, behavior, cues, temperament, the feeding interaction, and provider-parent communication) on 3 DVDs and a study guide. In addition, the program offers handouts to be used with families to discuss infant state, cues, behavior, modulation of state, and promoting interaction during feeding. Keys is used as both an intervention program and an educational program for providers.

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