

Keys to Caregiving Learning Objectives

At completion of Class 1, *Infant State*, the learner will be able to:

1. Describe the characteristics of the six infant states.
2. Appreciate the significance of sleep/wake organization.
3. Gain an awareness of how state affects the responsiveness of the infant to his caregiver.
4. Use the information from the parent handout, *Infant State*, with parents.

At completion of Class 2, *Infant Behavior*, the learner will be able to:

1. Describe state-related behaviors.
2. Understand the value of assessing state-related behaviors during routine caregiving activities.
3. Appreciate the difference among individual infants.
4. Use the information from the parent handout, *Infant Behavior*, with parents.

At completion of Class 3, *Infant Cues*, the learner will be able to:

1. Define the terms engagement, disengagement, potent, subtle, and clustering of cues.
2. Identify engagement and disengagement cues.
3. Describe the importance of infant cues as a means of communication between the caregiver and infant.
4. Use the information from the parent handout, *Infant Cues*, with parents.

At completion of Class 4, *State Modulation*, the learner will be able to:

1. Define the term state modulation.
2. Describe the activities infants use to modulate their state.
3. Identify the principles used to modulate infant states.
4. Describe techniques the caregiver uses to help modulate the infant's states.
5. Use the information from the parent handout, *State Modulation*, with parents.

At completion of Class 5, *The Feeding Interaction*, the learner will be able to:

1. Identify the parent and child roles and responsibilities in the feeding interaction.
2. Identify caregiver and infant behaviors important to the feeding interaction.
3. Appreciate the significance of feeding behavior and interaction on the developing relationship between parent and child.
4. Use the information from the parent handout, *Feeding is More Than Just Eating*, with parents.

At completion of Class 6, *Nurse Parent Communication*, the learner will be able to:

1. Define the role of caring in the nurse-parent communication process.
2. Identify the stages and components of the teaching loop.
3. Use the Nurse-Parent Communication Model in translating new knowledge to parents.