

Your Professional Development Journey



1 Prenatal Program

Help moms prepare for their transition into parenthood with [Promoting Maternal Mental Health During Pregnancy](#)



2 Infant Development

Learn how to help caregivers understand their infant's cues, sleep, feeding, behavior, and regulation with [Keys to Infant Caregiving](#) and [Beginning Rhythms](#)



4 Learn about Infant Mental Health and the Effects of Trauma

We have regular [courses](#) that provide a knowledge base to understand how infants and their caregivers are impacted by adversity



3 Parent-Child Dyadic Assessment

Looking to assess the quality of the parent-child relationship? [Parent-Child Interaction Scales](#) are a Gold Standard assessment



5 Parent-Child Intervention

Our evidence-based home visiting program, [Promoting First Relationships®](#), supports parents in becoming more sensitive and knowledgeable about their child while it also improves child's stress regulation. Also available for [primary care providers](#).



6 Watch for Special Topic Workshops

Every year we bring in experts from around the nation to discuss current topics and research in infant and early childhood mental health. [Join our email list to be notified of future events!](#)



7 Advanced Clinical Training in Infant Mental Health Treatment

Coming Soon!



8 We can come to you!

We can send a trainer to your agency!
Give us a call to learn more at +1-206-543-8528

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parent-child
relationship
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